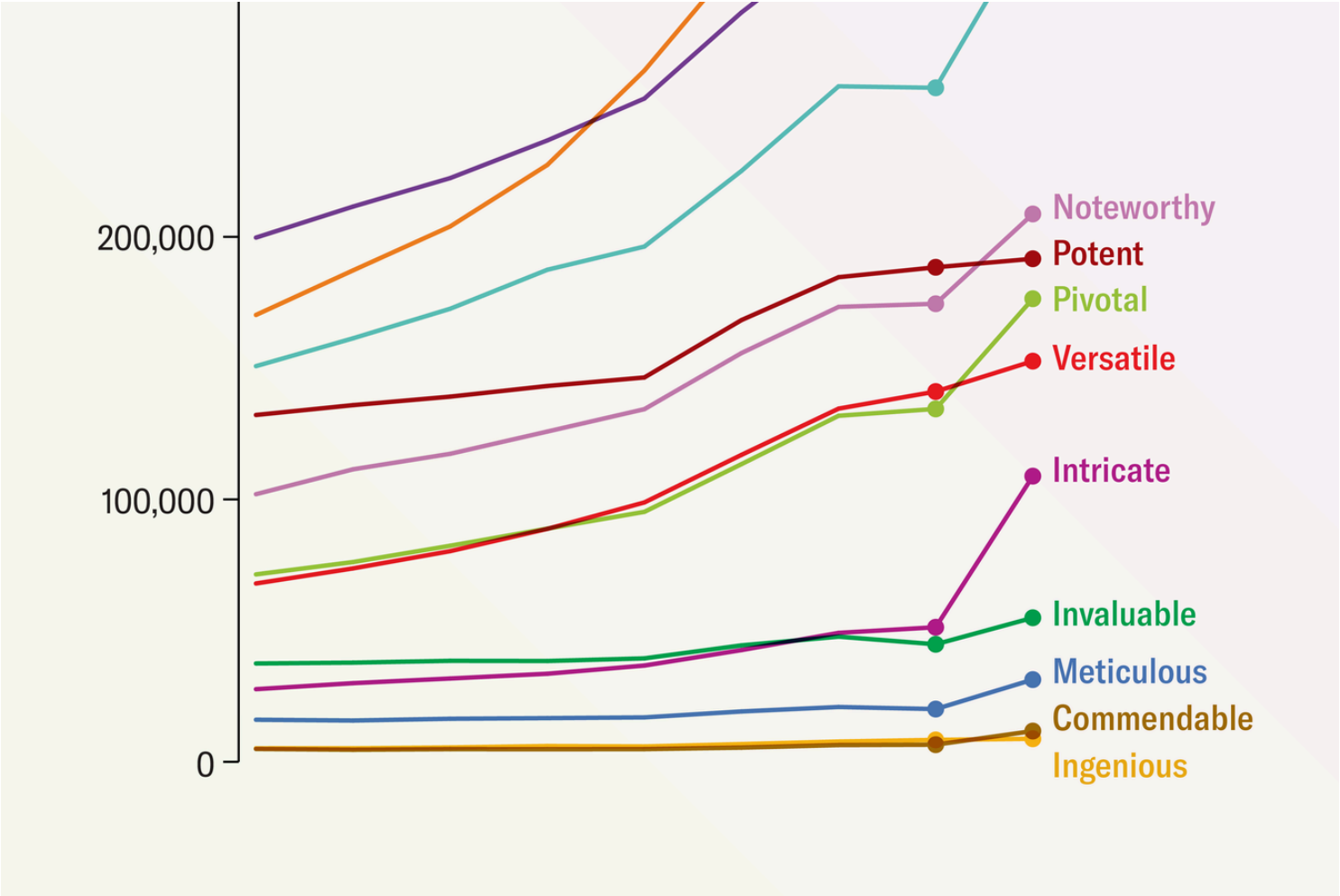


# AI Chatbots Have Thoroughly Infiltrated Scientific Publishing

One percent of scientific articles published in 2023 showed signs of generative AI’s potential involvement, according to a recent analysis

BY CHRIS STOKEL-WALKER   EDITED BY BEN GUARINO & SARAH LEWIN FRASIER



Amanda Montañez; Source: Andrew Gray

July 2024 Issue ▾

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Researchers are misusing ChatGPT and other artificial intelligence chatbots to produce scientific literature. At least, that’s a new fear that some scientists have

raised, citing a stark rise in suspicious AI shibboleths showing up in published papers.

Some of these tells—such as the inadvertent inclusion of “certainly, here is a possible introduction for your topic” in a recent paper in *Surfaces and Interfaces*, a journal published by Elsevier—are reasonably obvious evidence that a scientist used an AI chatbot known as a large language model (LLM). But “that’s probably only the tip of the iceberg,” says scientific integrity consultant Elisabeth Bik. (A representative of Elsevier told *Scientific American* that the publisher regrets the situation and is investigating how it could have “slipped through” the manuscript evaluation process.) In most other cases AI involvement isn’t as clear-cut, and automated AI text detectors are unreliable tools for analyzing a paper.

## **At least 60,000 papers may have used text generated by a large language model, according to librarian Andrew Gary's analysis.**

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Researchers from several fields have, however, identified a few key words and phrases (such as “complex and multifaceted”) that tend to appear more often in AI-generated sentences than in typical human writing. “When you’ve looked at this stuff long enough, you get a feel for the style,” says Andrew Gray, a librarian and researcher at University College London.

LLMs are designed to generate text—but what they produce may or may not be factually accurate. “The problem is that these tools are not good enough yet to trust,” Bik says. They succumb to what computer scientists call hallucination: simply put, they make stuff up. “Specifically, for scientific papers,” Bik notes, an AI “will generate citation references that don’t exist.” So if scientists place too much confidence in LLMs, study authors risk inserting

AI-fabricated flaws into their work, mixing more potential for error into the already messy reality of scientific publishing.

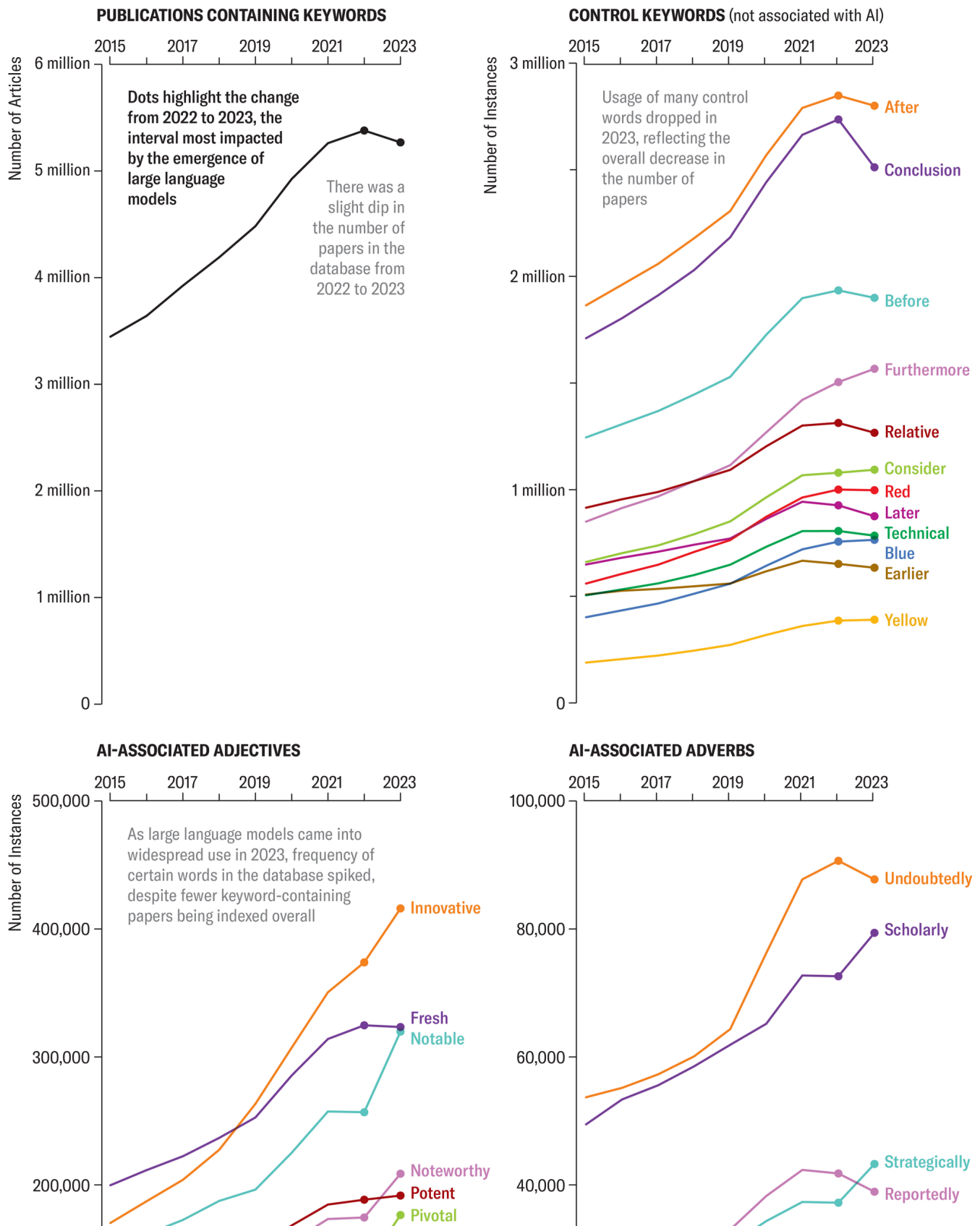
Gray recently hunted for AI buzzwords in scientific papers using Dimensions, a data analytics platform that its developers say tracks more than 140 million papers worldwide. He searched for words disproportionately used by chatbots, such as “intricate,” “meticulous” and “commendable.” These indicator words, he says, give a better sense of the problem’s scale than any “giveaway” AI phrase a clumsy author might copy into a paper. At least 60,000 papers—slightly more than 1 percent of all scientific articles published globally last year—may have used an LLM, according to Gray’s analysis, which was released on the preprint server arXiv.org and has yet to be peer-reviewed. Other studies that focused specifically on subsections of science suggest even more reliance on LLMs. One such investigation found that up to 17.5 percent of recent computer science papers exhibit signs of AI writing.

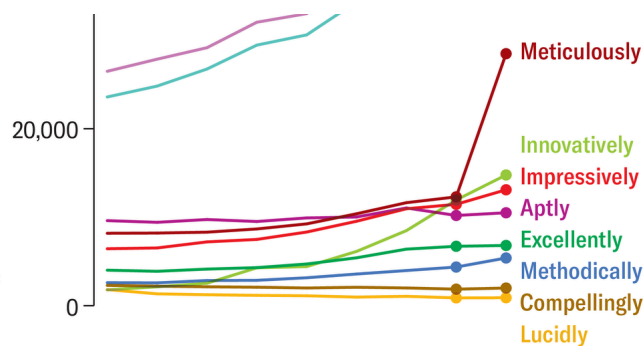
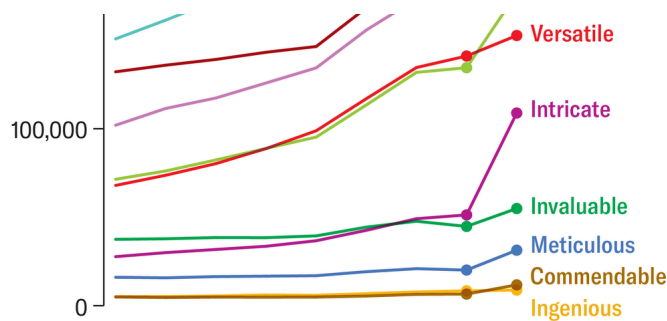


## Suspicious Trends in Word Usage

For each year, starting with 2015, librarian and researcher Andrew Gray used the Dimensions database to count the number of published scientific papers that contained certain keywords and the total number of times each keyword was used. He used a set of 12 neutral “control” words, along with 12 adjectives and 12 adverbs that are associated with large language models such as ChatGPT.

### Changes in Publishing Volume and Word Usage over Time

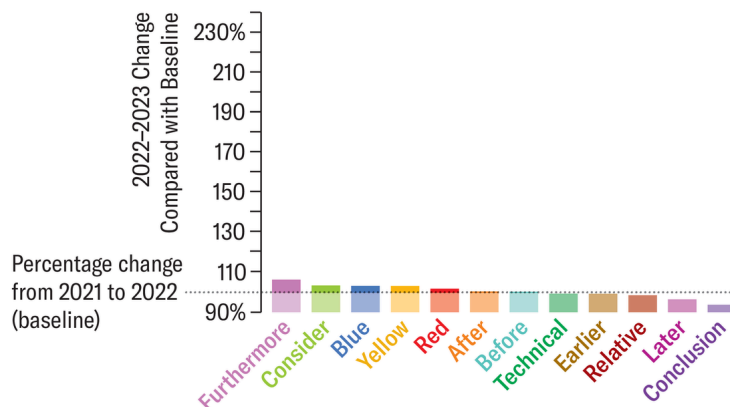




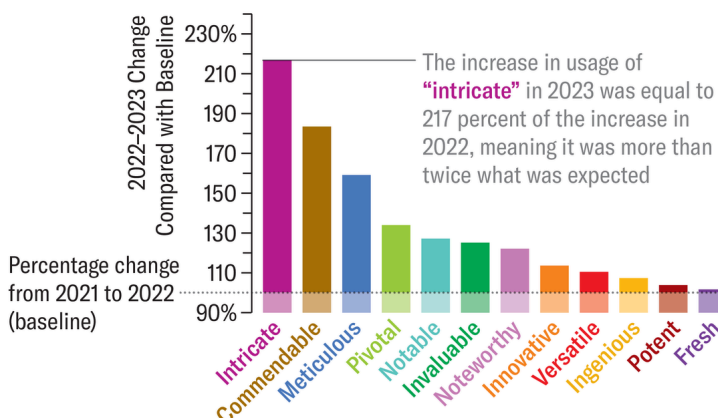
### Anomalies in Year-over-Year Changes

Gray adjusted the annual frequency of each word to account for the number of keyword-containing papers included in the database for that year. Then he compared each year-over-year increase or decrease with the previous one. By this metric, control words saw little variation in 2023, whereas some AI-associated ones far exceeded expectations.

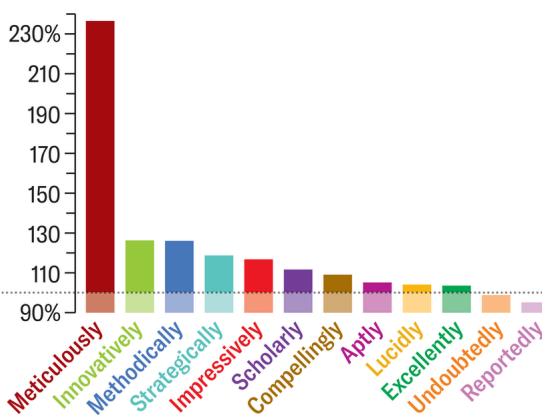
### CONTROL WORDS



### AI-ASSOCIATED ADJECTIVES



### AI-ASSOCIATED ADVERBS



Amanda Montañez; Source: Andrew Gray

Those findings are supported by *Scientific American*'s own search using Dimensions and several other scientific publication databases, including Google Scholar, Scopus, PubMed, OpenAlex and Internet Archive Scholar. This search looked for signs that can suggest an LLM was involved in the production of text for academic papers—measured by the prevalence of phrases that ChatGPT and other AI models typically append, such as “as of my last knowledge update.” In 2020 that phrase appeared only once in results tracked by four of the major paper analytics platforms used in the investigation. But it appeared 136 times in 2022. There were some limitations

to this approach, though: It could not filter out papers that might have represented studies of AI models themselves rather than AI-generated content. And these databases include material beyond peer-reviewed articles in scientific journals.

Like Gray's approach, this search also turned up subtler traces that may have pointed toward an LLM: it looked at the number of times stock phrases or words preferred by ChatGPT were found in the scientific literature and tracked whether their prevalence was notably different in the years just before the November 2022 release of OpenAI's chatbot (going back to 2020). The findings suggest something has changed in the lexicon of scientific writing—a development that might be caused by the writing tics of increasingly present chatbots. “There's some evidence of some words changing steadily over time” as language normally evolves, Gray says. “But there's this question of how much of this is long-term natural change of language and how much is something different.”

## **SYMPTOMS OF CHATGPT**

For signs that AI may be involved in paper production or editing, *Scientific American's* search delved into the word “delve”—which, as some informal monitors of AI-made text have pointed out, has seen an unusual spike in use across academia. An analysis of its use across the 37 million or so citations and paper abstracts in life sciences and biomedicine contained within the PubMed catalog highlighted how much the word is in vogue. Up from 349 uses in 2020, “delve” appeared 2,847 times in 2023 and has already cropped up 2,630 times so far in 2024—a 654 percent increase. Similar but less pronounced increases were seen in the Scopus database, which covers a wider range of sciences, and in Dimensions data.

Other terms flagged by these monitors as AI-generated catchwords have seen similar rises, according to the *Scientific American* analysis: “commendable” appeared 240 times in papers tracked by Scopus and 10,977 times in papers

tracked by Dimensions in 2020. Those numbers spiked to 829 (a 245 percent increase) and 20,536 (an 87 percent increase), respectively, in 2023. And in a perhaps ironic twist for would-be “meticulous” research, that word doubled on Scopus between 2020 and 2023.

## MORE THAN MERE WORDS

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In a world where academics live by the mantra “[publish or perish](#),” it’s unsurprising that some are using chatbots to save time or to bolster their command of English in a sector where it is often required for publication. But employing AI technology as a grammar or syntax helper could be a slippery slope to misapplying it in other parts of the scientific process. Writing a paper with an LLM co-author, the worry goes, may lead to key figures generated whole cloth by AI or to peer reviews that are outsourced to automated evaluators.

These are not purely hypothetical scenarios. AI certainly has been used to produce scientific diagrams and illustrations that have often been included in academic papers—including, notably, one [bizarrely endowed rodent](#)—and even to [replace human participants in experiments](#). And the use of AI chatbots may have [permeated the peer-review process itself](#), based on a preprint study of the language in feedback given to scientists who presented research at conferences on AI in 2023 and 2024. If AI-generated judgments creep into academic papers alongside AI text, that concerns experts, including Matt Hodgkinson, a council member of the Committee on Publication Ethics, a U.K.-based nonprofit organization that promotes ethical academic research practices. Chatbots are “not good at doing analysis,” he says, “and that’s where the real danger lies.”

*A version of this article entitled “Chatbot Invasion” was adapted for inclusion in the July/August 2024 issue and the March 2025 special edition of Scientific American.*



**CHRIS STOKEL-WALKER** is a freelance journalist in Newcastle, England.

More by [Chris Stokel-Walker](#)

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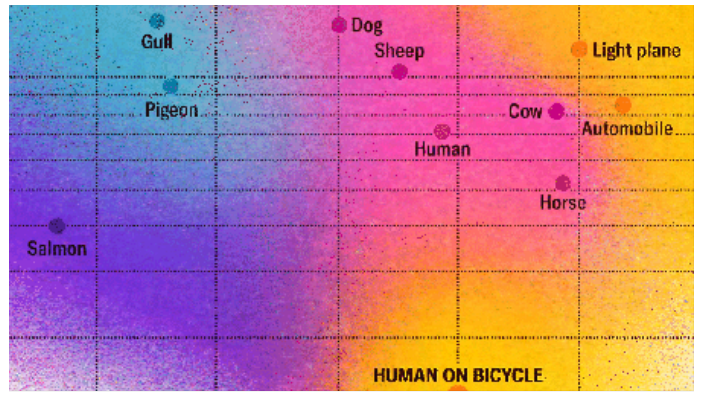


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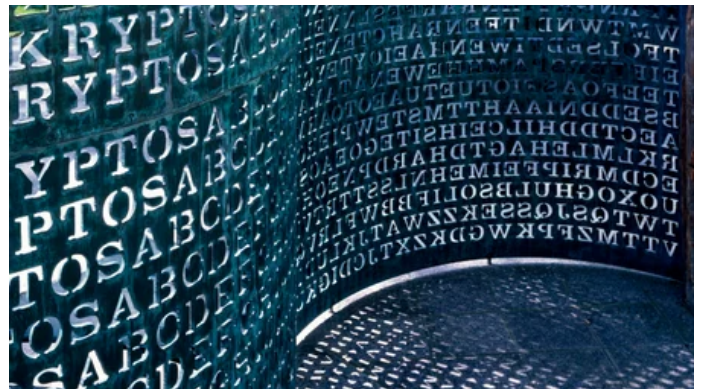


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