

a) We know the spacial wavefunction for Hydrogen is  $\Psi_{100} = \frac{1}{\sqrt{\pi a_0^3}} e^{-r/a_0}$

in the ground state.

$$E = \frac{me^4}{2(4\pi\epsilon_0)^2 h^2}$$

There are really two orthogonal w.f. for Hydrogen w/ this energy:  $\Psi_{100} \begin{pmatrix} 1 \\ 0 \end{pmatrix}$  and  $\Psi_{100} \begin{pmatrix} 0 \\ 1 \end{pmatrix}$ .

If we put an electron in each state, the total energy will be the sum of the individual energies,

$$E_{\text{tot}} = \frac{me^4}{(4\pi\epsilon_0)^2 h^2}$$

and the wavefunction of the two particles is given by the antisymmetric combination

$$\begin{aligned} |\Psi\rangle &= \frac{1}{\sqrt{2}} \left[ \Psi(r_1) \begin{pmatrix} 1 \\ 0 \end{pmatrix} \Psi(r_2) \begin{pmatrix} 0 \\ 1 \end{pmatrix} - \Psi(r_1) \begin{pmatrix} 0 \\ 1 \end{pmatrix} \Psi(r_2) \begin{pmatrix} 1 \\ 0 \end{pmatrix} \right] \\ &\quad \swarrow \quad \searrow \\ &= \frac{1}{\sqrt{2\pi a_0^3}} e^{-r_1/a_0} e^{-r_2/a_0} \left[ \begin{pmatrix} 1 \\ 0 \end{pmatrix} \begin{pmatrix} 0 \\ 1 \end{pmatrix} - \begin{pmatrix} 0 \\ 1 \end{pmatrix} \begin{pmatrix} 1 \\ 0 \end{pmatrix} \right] \end{aligned}$$

swapped both orbital and spin wfs.

b) We want to find  $\langle \Psi | V | \Psi \rangle$ . First, let's find  $V|\Psi\rangle$ .

$$\text{Note that } \vec{S}_1 \cdot \vec{S}_2 = (S_1^x S_2^x + S_1^y S_2^y + S_1^z S_2^z)$$

$$= \frac{\hbar^2}{4} \left[ \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} + \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix} \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix} + \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} \right]$$

$$\begin{aligned} \text{Thus, } V|\Psi\rangle &= V_0 \delta^3(\vec{r}_1 - \vec{r}_2) \Psi(r_1) \Psi(r_2) \frac{\hbar^2}{4f_2} \left[ \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} + \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix} \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix} + \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} \right] \\ &\quad \times \left[ \begin{pmatrix} 1 \\ 0 \end{pmatrix} \begin{pmatrix} 0 \\ 1 \end{pmatrix} - \begin{pmatrix} 0 \\ 1 \end{pmatrix} \begin{pmatrix} 1 \\ 0 \end{pmatrix} \right] \end{aligned}$$

$$\begin{aligned} &= V_0 \frac{\hbar^2}{4f_2} \delta^3(\vec{r}_1 - \vec{r}_2) \Psi(r_1) \Psi(r_2) \left[ \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \begin{pmatrix} 1 \\ 0 \end{pmatrix} \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \begin{pmatrix} 0 \\ 1 \end{pmatrix} - \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \begin{pmatrix} 0 \\ 1 \end{pmatrix} \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \begin{pmatrix} 1 \\ 0 \end{pmatrix} \right. \\ &\quad \left. + \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix} \begin{pmatrix} 1 \\ 0 \end{pmatrix} \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix} \begin{pmatrix} 0 \\ 1 \end{pmatrix} - \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix} \begin{pmatrix} 0 \\ 1 \end{pmatrix} \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix} \begin{pmatrix} 1 \\ 0 \end{pmatrix} \right. \\ &\quad \left. + \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} \begin{pmatrix} 1 \\ 0 \end{pmatrix} \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} \begin{pmatrix} 0 \\ 1 \end{pmatrix} - \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} \begin{pmatrix} 0 \\ 1 \end{pmatrix} \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} \begin{pmatrix} 1 \\ 0 \end{pmatrix} \right] \end{aligned}$$

$$= V_0 \frac{\hbar^2}{4f_2} \delta^3(\vec{r}_1 - \vec{r}_2) \Psi(r_1) \Psi(r_2) \left[ \begin{pmatrix} 0 \\ 1 \end{pmatrix} \begin{pmatrix} 1 \\ 0 \end{pmatrix} - \begin{pmatrix} 1 \\ 0 \end{pmatrix} \begin{pmatrix} 0 \\ 1 \end{pmatrix} + \begin{pmatrix} 0 \\ i \end{pmatrix} \begin{pmatrix} -i \\ 0 \end{pmatrix} - \begin{pmatrix} -i \\ 0 \end{pmatrix} \begin{pmatrix} 0 \\ i \end{pmatrix} + \begin{pmatrix} 1 \\ 0 \end{pmatrix} \begin{pmatrix} 0 \\ 1 \end{pmatrix} - \begin{pmatrix} 0 \\ 1 \end{pmatrix} \begin{pmatrix} 1 \\ 0 \end{pmatrix} \right]$$

$$\nabla \langle \psi \rangle = \frac{V_0 \hbar^2}{4\pi^2} \delta^3(\vec{r}_1 - \vec{r}_2) \Psi(\vec{r}_1) \Psi(\vec{r}_2) \left[ \begin{pmatrix} 0 \\ 1 \end{pmatrix} \begin{pmatrix} 1 \\ 0 \end{pmatrix} - \begin{pmatrix} 1 \\ 0 \end{pmatrix} \begin{pmatrix} 0 \\ 1 \end{pmatrix} + \begin{pmatrix} 0 \\ i \end{pmatrix} \begin{pmatrix} -i \\ 0 \end{pmatrix} - \begin{pmatrix} -i \\ 0 \end{pmatrix} \begin{pmatrix} 0 \\ i \end{pmatrix} + \begin{pmatrix} 1 \\ 0 \end{pmatrix} \begin{pmatrix} 0 \\ 1 \end{pmatrix} - \begin{pmatrix} 0 \\ 1 \end{pmatrix} \begin{pmatrix} 1 \\ 0 \end{pmatrix} \right]$$

factor out scalars  $(i)(-i)=1$       factor out scalar  $(-1)$

$$= \frac{V_0 \hbar^2}{4\pi^2} \delta^3(\vec{r}_1 - \vec{r}_2) \Psi(\vec{r}_1) \Psi(\vec{r}_2) \left[ 3 \begin{pmatrix} 0 \\ 1 \end{pmatrix} \begin{pmatrix} 1 \\ 0 \end{pmatrix} - 3 \begin{pmatrix} 1 \\ 0 \end{pmatrix} \begin{pmatrix} 0 \\ 1 \end{pmatrix} \right]$$

$$= -\frac{3\hbar^2}{4\pi^2} V_0 \delta(\vec{r}_1 - \vec{r}_2) \Psi(\vec{r}_1) \Psi(\vec{r}_2) \left[ \begin{pmatrix} 1 \\ 0 \end{pmatrix} \begin{pmatrix} 0 \\ 1 \end{pmatrix} - \begin{pmatrix} 0 \\ 1 \end{pmatrix} \begin{pmatrix} 1 \\ 0 \end{pmatrix} \right]$$

Then we can write

$$\begin{aligned} \langle \psi | \nabla \psi \rangle &= \int d^3 \vec{r}_1 \int d^3 \vec{r}_2 \Psi^*(\vec{r}_1) \Psi^*(\vec{r}_2) \left( -\frac{3\hbar^2}{8} \right) V_0 \delta(\vec{r}_1 - \vec{r}_2) \Psi(\vec{r}_1) \Psi(\vec{r}_2) \\ &\quad \times \left[ (10)(01) - (01)(10) \right] \left[ \begin{pmatrix} 1 \\ 0 \end{pmatrix} \begin{pmatrix} 0 \\ 1 \end{pmatrix} - \begin{pmatrix} 0 \\ 1 \end{pmatrix} \begin{pmatrix} 1 \\ 0 \end{pmatrix} \right] \\ &= \int d^3 r |\Psi(r)|^4 \left( -\frac{3\hbar^2}{8} \right) V_0 [2] \\ &= -\frac{3\hbar^2}{4} V_0 \int dr \int sm\theta d\theta \int d\phi \frac{r^2}{\pi^2 a_0^6} e^{-4r/a_0} \\ &= -\frac{3\hbar^2 V_0}{\pi a_0^6} \int_0^\infty r^2 e^{-r/a_0} dr \\ &= -\frac{3\hbar^2 V_0}{\pi a_0^6} \left( \frac{a_0^3}{32} \right) \\ &= -\frac{3\hbar^2 V_0}{32\pi a_0^3} \end{aligned}$$