

Radiation Dose Induced by Gamma Radiation

Radiation Dose from a Gamma-Ray Point Source

Considering an I-131 point-source of 1 MBq, how do we evaluate the exposure it delivers at a distance of 1 m?

☞ The decay of ^{131}I produces gamma rays of various energies as shown below,

Quantum Energy, MeV	Photons per Transformation	Energy Absorption Coefficient for Air, m^{-1}
0.723	0.016	3.8×10^{-3}
0.637	0.069	3.9×10^{-3}
0.503	0.003	3.8×10^{-3}
0.326	0.002	3.8×10^{-3}
0.177	0.002	3.4×10^{-3}
0.365	0.853	3.8×10^{-3}
0.284	0.051	3.7×10^{-3}
0.080	0.051	3.2×10^{-3}
0.164	0.006	3.3×10^{-3}

Calculation of Energy Transfer and Energy Absorption

For simplicity, we consider an idealized case in which

- ☞ Photons are assumed to be monoenergetic and in a broad parallel beam.
- ☞ Multiple Compton scattering of photons is negligible.
- ☞ Virtually all fluorescence and bremsstrahlung photons escape from the absorber.
- ☞ All secondary electrons (Auger electrons, photoelectrons, and Compton electrons) generated are stopped in the slab.
- ☞ The absorber is thin compared to the range of the incident radiation.

In such case, the transmitted energy intensity (the amount of energy per unit area per second) can be given by

$$\dot{\Psi} = \dot{\Psi}_0 e^{-\mu_{en}x}$$

Calculation of Energy Transfer and Energy Absorption

Assuming $\mu_{en}x \ll 1$, which is consistent with the thin slab approximation and the energy fluence rate carried by the incident gamma ray beam is $\dot{\Psi}_0 (J \cdot cm^{-2} \cdot s^{-1})$. Then the energy absorbed in the thin slab per second over a unit cross section area is given by

$$\dot{\Psi}_0 \mu_{en} x \quad (J \cdot cm^{-2} \cdot s^{-1})$$

The rate of energy absorbed in the slab of area $A (cm^2)$ and thickness x is

$$A \dot{\Psi}_0 \mu_{en} x \quad (J \cdot s^{-1})$$

Given the density of the material is ρ , the rate of energy absorption per unit mass (Dose Rate) in the slab is

$$\dot{D} = \frac{A(cm^2) \cdot \dot{\Psi}_0 (J \cdot cm^{-2} \cdot s^{-1}) \cdot \mu_{en}(cm^{-1}) \cdot x (cm)}{\rho(g \cdot cm^{-3}) \cdot A(cm^2) \cdot x(cm)},$$

$$\text{Dose rate in the absorber: } \dot{D} (J \cdot g^{-1} \cdot s^{-1}) = \dot{\Psi}_0 (J \cdot cm^{-2} \cdot s^{-1}) \frac{\mu_{en}(cm^{-1})}{\rho(g/cm^3)}$$

Specific Gamma-Ray Emission for I-131 -- An Example

For the 0.080-MeV gamma ray, we have

$$\dot{X} = \frac{5.1 \times 10^{-2} \times 8 \times 10^{-2} \times 1.6 \times 10^{-13} \times 1 \times 10^6 \times 3.6 \times 10^3 \times 3.2 \times 10^{-3}}{4\pi(1)^2 \times 1.293 \times 34}$$

$$= 1.36 \times 10^{-11} \frac{\text{C}/(\text{kg} \cdot \text{h})}{\text{MBq}}$$

☞ Repeating the calculation, we get the following results:

Quantum Energy, MeV	(C/kg)/h at 1 m
0.723	4.583×10^{-11}
0.637	17.787×10^{-11}
0.503	0.598×10^{-11}
0.326	0.258×10^{-11}
0.177	0.126×10^{-11}
0.365	123.400×10^{-11}
0.284	5.569×10^{-11}
0.080	1.361×10^{-11}
0.164	0.339×10^{-11}
Total = $1.540 \times 10^{-9} \frac{\text{C}/(\text{kg})/\text{h}}{\text{MBq}}$ at 1 m	

Specific Gamma-Ray Emission -- An Example

- ☞ For the ^{131}I source of a unit activity, if all gamma rays are considered, the source strength can be expressed as the specific gamma ray constant using the following equation:

$$\Gamma = 1.043 \times 10^{-6} \sum_i f_i \times E_i \times \mu_i \frac{(\text{C/kg}) \text{ m}^2}{\text{MBq} \cdot \text{h}},$$

where f_i is the fraction of the transformations that yield a photon whose energy is E_i and μ_i is the linear energy absorption coefficient in air of the i th photon.

- ☞ For many practical situations, when photon energy is ranging from 60keV to 2MeV, the linear absorption coefficient varies little with energy, over this energy range, μ is about 3.5×10^{-3} per meter. Therefore, we can simplify the above equation as

$$\Gamma = 3.65 \times 10^{-9} \sum_i f_i \times E_i \frac{(\text{C/kg}) \text{ m}^2}{\text{MBq} \cdot \text{h}}$$

Specific Gamma-Ray Constant

- ☞ Specific Gamma Ray Constant (Γ): The **exposure rate** from a gamma ray point source of unit activity and positioned at a unit distance. It is given in the unit of coulombs per kilogram per hour at a distance of 1 m from a 1 MBq point source, or (coulombs/kg/h/MBq at 1m).

TABLE 6.3. Specific Gamma-ray Constant of Some Radioisotopes

Isotope	Γ	
	$\frac{R \cdot m^2}{Ci \cdot h}^a$	$\frac{X \cdot m^2}{MBq \cdot h}^b$
Antimony 122	0.24	1.67E-09
Cesium 137	0.33	2.30E-09
Chromium 51	0.016	1.11E-10
Cobalt 60	1.32	9.19E-09
Gold 198	0.23	1.60E-09
Iodine 125	0.07	4.87E-10
Iodine 131	0.22	1.53E-09
Iridium 192	0.48	3.34E-09
Mercury 203	0.13	9.05E-10
Potassium 42	0.14	1.39E-09
Radium 226	0.825	5.75E-09
Sodium 22	1.20	8.36E-09
Sodium 24	1.84	12.80E-09
Zinc 65	0.27	1.88E-09

^aFrom *Radiological Health Handbook*, rev. ed., U.S. Public Health Service, Bureau of Radiological Health, Rockville, MD, 1970.

^b1 X unit = 1 C/kg.

Specific Gamma-Ray Constant

Given the specific gamma ray constant, Γ , for an isotope, the exposure rate at a location at a distance, r , is simply

$$\dot{X} = \Gamma \frac{A}{r^2}$$

← activity
← distance

Example

(a) Estimate the specific gamma-ray constant for ^{137}Cs . (b) Estimate the exposure rate at a distance of 1.7 m from a 100-mCi point source of ^{137}Cs .

Solution

(a) The isotope emits only a 0.662-MeV gamma ray in 85% of its transformations (Appendix D). The average energy per disintegration released as gamma radiation is therefore $0.85 \times 0.662 = 0.563$ MeV. The estimated specific gamma-ray constant for ^{137}Cs is therefore $\Gamma = 0.28 \text{ R m}^2 \text{ Ci}^{-1} \text{ h}^{-1}$.

(b) From Eq. (12.28), the exposure rate at a distance $r = 1.7$ m from a point source of activity $C = 100 \text{ mCi} = 0.1 \text{ Ci}$ is

$$\dot{X} = 0.28 \frac{\text{R m}^2}{\text{Ci h}} \times \frac{0.1 \text{ Ci}}{(1.7 \text{ m})^2} = 9.7 \times 10^{-3} \text{ R h}^{-1} = 9.7 \text{ mR h}^{-1}. \quad (12.29)$$

Internally Deposited Radioisotope (IV) Gamma Ray Emitters

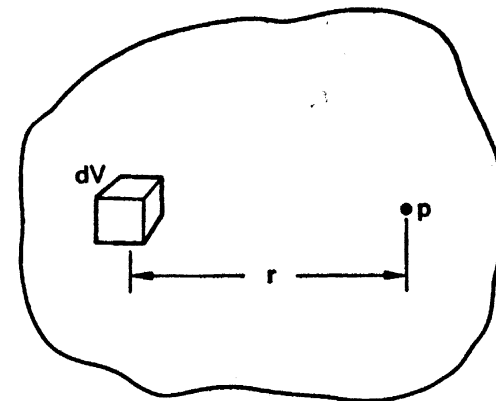
- ☞ For a uniformly distributed gamma-ray-emitting isotope, the dose rate from the isotope in an infinitesimal volume dV to a point p at a distance r away is

$$d\dot{D} = C(\text{MBq}) \cdot \Gamma\left(\frac{\text{Coulomb/kg}}{\text{MBq}\cdot\text{hr}} \text{ at } 1 \text{ m}\right) \cdot \frac{e^{-\mu(m^{-1})r(m)}}{r^2(m^{-2})} \cdot dV(m^3) \cdot \left(34 \frac{\text{J/kg}}{\text{Coulomb/kg}}\right) \cdot \left(\frac{\mu_m/\rho_m}{\mu_a/\rho_a}\right)$$

Mass energy absorption coefficient
of the dose-receiving media
↓
 ↑
Mass energy absorption
coefficient of the air

where C is the concentration of the isotope, Γ is the specific gamma-ray emission, and μ is the linear energy absorption coefficient.

FIGURE 6.8. Diagram for calculating dose at point p from the gamma rays emitted from the volume element dV in a tissue mass containing a uniformly distributed isotope.



Internally Deposited Radioisotope (IV) Gamma Ray Emitters

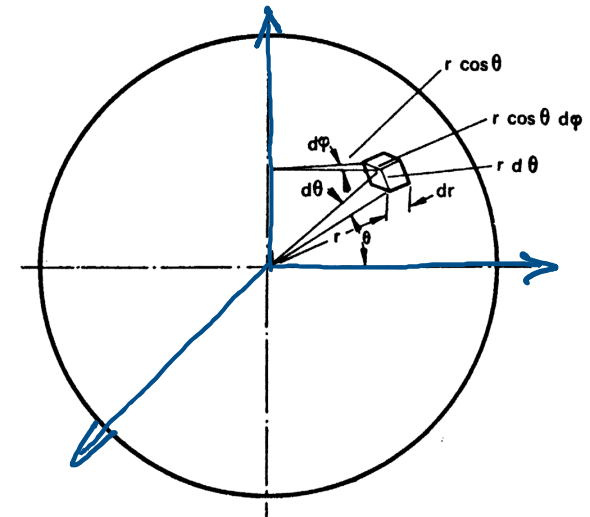
☞ For a uniform spherical source, the **dose rate at the center** is given by

$$\dot{D} = 4C\Gamma \int_{r=0}^{r=R} \int_{\theta=0}^{\theta=\pi/2} \int_{\phi=0}^{\phi=\pi} \frac{e^{-\mu r}}{r^2} \cdot r \, d\theta \cdot r \cos \theta \, d\phi \cdot dr \cdot \left(34 \frac{J/kg}{\text{Coulomb/kg}}\right) \cdot \left(\frac{\mu_m/\rho_m}{\mu_a/\rho_a}\right)$$

$$= C\Gamma \cdot \frac{4\pi}{\mu} (1 - e^{-\mu R}) \cdot \left(34 \frac{J/kg}{\text{Coulomb/kg}}\right) \cdot \left(\frac{\mu_m/\rho_m}{\mu_a/\rho_a}\right)$$

☞ And the **dose rate at the surface** of the spherical source volume is given by

$$\dot{D}_{\text{surface}} = 0.5 \dot{D}_{\text{center}}$$



$$dV = r d\theta \cdot r \cos \theta d\phi \cdot dr = r^2 \cos \theta d\phi d\theta dr$$

Example 6.12

A spherical tank, capacity 1 m^3 and radius 0.62 m , is filled with aqueous ^{137}Cs waste containing a total activity of $37,000 \text{ MBq}$ (1 Ci). What is the dose rate at the tank surface if we neglect absorption by the tank wall?

Example 6.12

A spherical tank, capacity 1 m³ and radius 0.62 m, is filled with aqueous ¹³⁷Cs waste containing a total activity of 37,000 MBq (1 Ci). What is the dose rate at the tank surface if we neglect absorption by the tank wall?

From Table 6.3 we find $\Gamma = 2.3 \times 10^{-9}$ X units/h/MBq at 1 m. Since water absorbs 38 Gy/X unit, the dose rate is 8.74×10^{-8} Gy/h/MBq at 1 m. The absorption coefficient of water for the 0.661 MeV gammas from ¹³⁷Cs is listed in Table 5.3 as 0.0327 cm²/g. Since the density of water is 1 g/cm³, the linear absorption coefficient is 0.0327/cm, or 3.27/m. The dose rate at the center of the sphere is found by substituting the respective values into Eq. (6.66):

$$\begin{aligned} \dot{D}_0 &= C\Gamma \cdot \frac{4\pi}{\mu} (1 - e^{-\mu R}) \cdot \left(34 \frac{J/kg}{\text{Coulomb/kg}}\right) \cdot \left(\frac{\mu_m/\rho_m}{\mu_a/\rho_a}\right) \\ \dot{D}_0 &= 3.7 \times 10^4 \text{ MBq/m}^3 \times 8.74 \times 10^{-8} \frac{\text{Gy} \cdot \text{m}^2}{\text{MBq} \cdot \text{h}} \times \frac{4\pi}{3.27 \text{ m}^{-1}} (1 - e^{-3.27 \times 0.62}) \\ &= 1.08 \times 10^{-2} \text{ Gy/h (1.08 rad/h)}. \end{aligned}$$

From Eq. (6.71), we see that the surface dose rate is $0.5 \times \dot{D}_0$.
Therefore

$$\dot{D}_{\text{surface}} = 0.5 \times 1.08 \times 10^{-2} = 0.54 \times 10^{-2} \text{ Gy/h (0.54 rad/h)}.$$

Radiation Dose Induced by Beta Radiation

Dose from Monochromatic Electron Beam as a Function of Depth

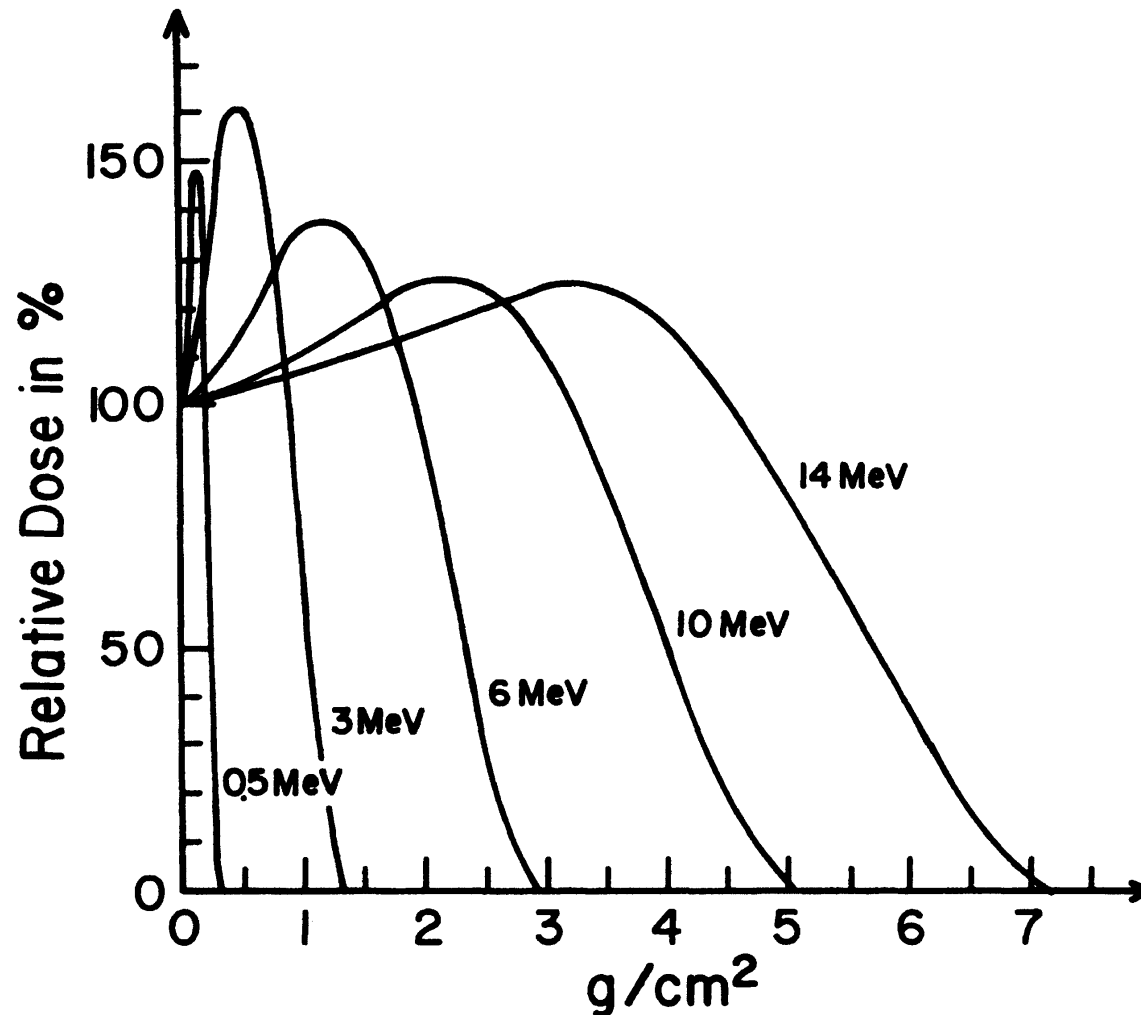
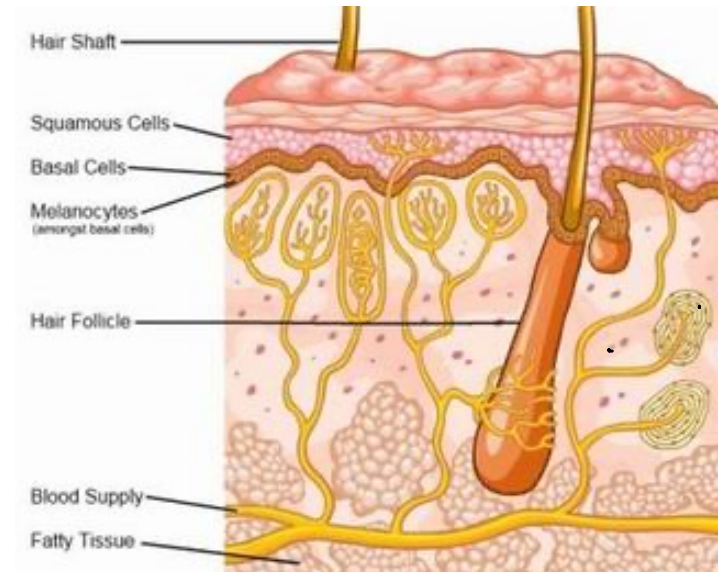
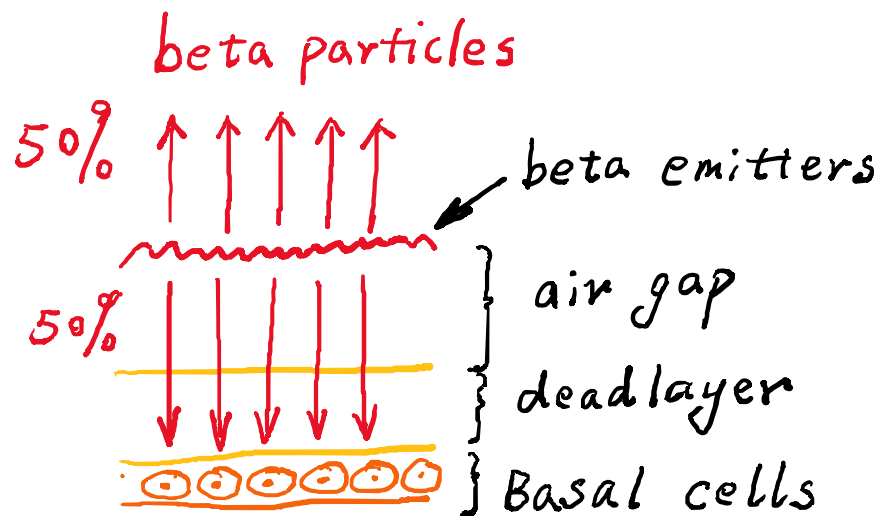


FIGURE 8.14a. Dose vs. depth in water for broad electron beams of the indicated incident energies. (After Holm, 1969. Reproduced with permission of N. W. Holm and Academic Press.)

Skin Dose from Surface Contamination

1. Beta particles are very easy to attenuate, for beta particles to contribute to skin dose, the source must be very close to the skin.
2. If we consider a thin layer of beta emitters placed parallel to the skin at a very small distance, we could assume that beta particles are traveling in parallel beams along two opposite directions only – 50% going up and 50% going down.
3. For skin dose, we only consider the dose delivered to the thin layer of Basal cells under the dead-layer (density thickness: 0.007g/cm^2) of the skin.



Beta Dose

4. The **intensity of beta particles in a parallel beam** decreases approximately exponentially with absorber thickness:

$$\varphi = \varphi_0 e^{-\mu_\beta t},$$

where φ = intensity at depth t
 φ_0 = initial intensity
 μ_β = beta-ray absorption coefficient.

5. For beta particles emitted by a beta emitter of maximum energy E_m (MeV), the corresponding **beta-ray absorption coefficients for air and for tissue** could be approximately given as

$$\mu_{\beta,a} \text{ (air)} = 16(E_m - 0.036)^{-1.4} \frac{\text{cm}^2}{\sigma}$$

$$\mu_{\beta,t} \text{ (tissue)} = 18.6(E_m - 0.036)^{-1.37} \frac{\text{cm}^2}{\text{g}}$$

6. If a beta particle of energy E is attenuated in the absorption media, we assume that all the energy originally carried by the beta particle will be locally absorbed and contributing to the absorbed dose.

Calculation of Absorbed Dose (Revisited)

Assuming $\mu_{en}x \ll 1$, which is consistent with the **thin slab approximation** and the **energy fluence rate** carried by the incident beam of particles is $\dot{\Psi}_0$ ($J \cdot cm^{-2} \cdot s^{-1}$). Then **the energy absorbed in the thin slab per second over a unit cross section area** is given by

$$\dot{\Psi}_0 \mu_{en} x \quad (J \cdot cm^{-2} \cdot s^{-1})$$

The rate of energy absorbed in the slab of area A (cm^2) and thickness x is

$$A \dot{\Psi}_0 \mu_{en} x \quad (J \cdot s^{-1})$$

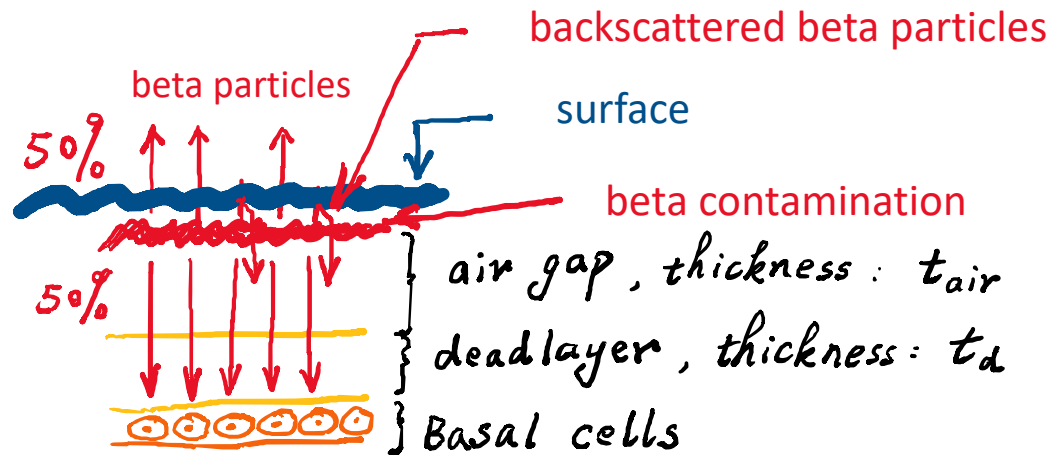
Given the density of the material is ρ (g/cm^3), and the linear energy absorption coefficient is μ_{en} (cm^{-1}), the **rate of energy absorption per unit mass (Dose Rate)** in the slab is

$$\dot{D} = \frac{A(cm^2) \cdot \dot{\Psi}_0(J \cdot cm^{-2} \cdot s^{-1}) \cdot \mu_{en}(cm^{-1}) \cdot x(cm)}{\rho(g \cdot cm^{-3}) \cdot A(cm^2) \cdot x(cm)},$$

$$\text{Dose rate in the absorber: } \dot{D}(J \cdot g^{-1} \cdot s^{-1}) = \dot{\Psi}_0(J \cdot cm^{-2} \cdot s^{-1}) \frac{\mu_{en}(cm^{-1})}{\rho(g/cm^3)}$$

Skin Dose from Surface Contamination

Skin Dose from Surface Contamination



For a planar beta emitting surface, the surface dose rate may be easily calculated. Suppose the surface concentration is C_a Bq/cm², the dose rate to the basal cell region is

surface concentration is C_a (Bq/cm²) Average energy of beta particles Mass energy absorption coefficient of tissue (cm²/g)

$$\dot{D} = C_a \cdot 0.5 \cdot f_b \cdot \bar{E} \cdot e^{-\mu_{air} \cdot t_{air}} \cdot e^{-\mu_d \cdot t_d} \cdot \mu_\beta$$

Backscattering correction, 1.25 Attenuation by air Attenuation by dead skin layer

energy fluence rate, (J/cm²/sec)

Beta Radiation – Dose from Surface Contamination An Example (Cember, p. 190)

Example 6.7

A solution of ^{32}P is spilled, and contaminates a large surface to an areal concentration of 37 Bq/cm^2 . What is the estimated beta-ray-contact dose rate to the skin and the dose rate at a height of 1 m above the contaminated area?

For ^{32}P :

$$E_m = 1.71 \text{ MeV} \quad \bar{E} = 0.7 \text{ MeV.}$$

The beta absorption coefficients in air and in tissue are calculated by substituting 1.71 for the value of E_m in Eqs. (6.20) and (6.21):

$$\mu_{\beta,a} = 16(1.71 - 0.036)^{-1.4} \frac{\text{cm}^2}{\text{g}} = 7.78 \frac{\text{cm}^2}{\text{g}}$$

$$\mu_{\beta,t} = 18.6(1.71 - 0.036)^{-1.37} \frac{\text{cm}^2}{\text{g}} = 9.18 \frac{\text{cm}^2}{\text{g}},$$

Beta Radiation – Dose from Surface Contamination An Example (Cember, p. 190)

and the dose rate to the skin in contact with the contaminated area is calculated with Eq. (6.26):

$$\dot{D}_\beta, \frac{\text{Gy}}{\text{h}} = \frac{\overbrace{(3.6 \times 10^{-10} \times C_a \times \bar{E})}^{\text{energy fluence rate}} \frac{\text{J}}{\text{cm}^2/\text{h}} \times \mu_{\beta,t} \frac{\text{cm}^2}{\text{g}}}{0.001 \frac{\text{J}}{\text{g}}/\text{Gy}} \times e^{\overbrace{-0.007 \frac{\text{g}}{\text{cm}^2} \times \mu_{\beta,t} \frac{\text{cm}^2}{\text{g}}}^{\text{attenuation in the dead layer}}}$$

$$= \frac{3.6 \times 10^{-10} \times 37 \times 0.7 \times 9.18}{0.001} \times e^{-0.007 \times 9.18} = 8 \times 10^{-5} \frac{\text{Gy}}{\text{h}} = 0.08 \frac{\text{mGy}}{\text{h}}.$$

The dose rate to the skin, at a height of 1 m above the contaminated surface, is calculated with Eq. (6.31):

$$\dot{D}_b = 3.6 \times 10^{-4} \times C_a \times \bar{E} \times \overbrace{e^{-\mu_{\beta,a}d}}^{\text{extra attenuation by the air gap}} \times e^{-\mu_{\beta,t} \times 0.007} \times \mu_{\beta,t} \frac{\text{mGy}}{\text{h}}$$

$$= 3.6 \times 10^{-4} \times 37 \times 0.7 \times e^{-7.78 \times 0.129} \times e^{-9.18 \times 0.007} \times 9.18 = 2.9 \times 10^{-2} \frac{\text{mGy}}{\text{h}}.$$

Beta Radiation – Submersion Dose

Charged-Particle Equilibrium (CPE)

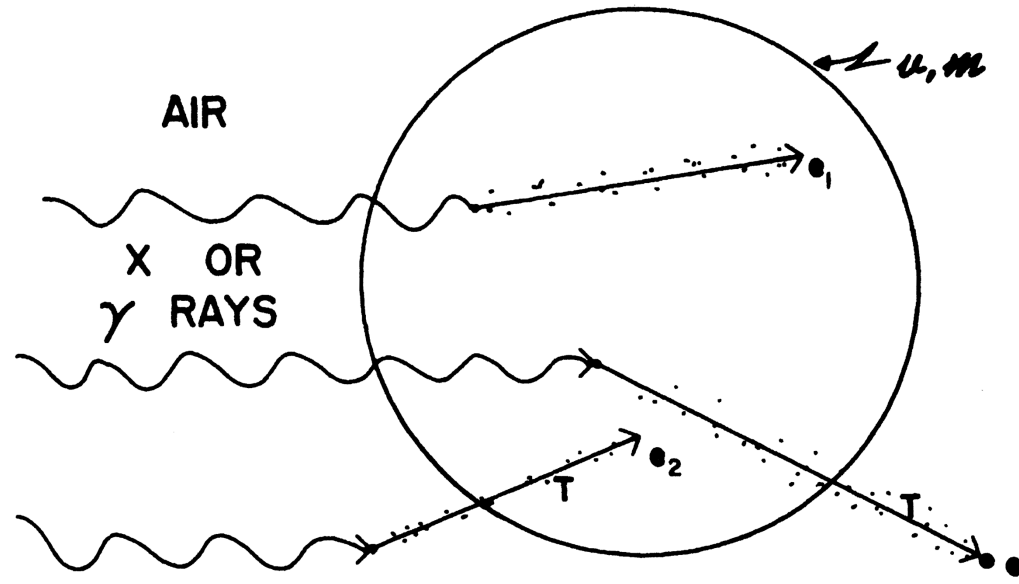


FIGURE 4.5. The role of CPE in the measurement of exposure X . The average exposure in the finite air volume v equals the total charge of either sign released in air by all electrons (e_1) that originate in v , divided by the air mass m in v . If CPE exists, each electron carrying an energy (say, T) out of v is compensated by another electron (e_2) carrying the same energy in. Thus the same ionization occurs in v as if all electrons e_1 remained there. The measurement of that charge divided by m is thus equivalent to a measurement of the average exposure in v . Radiative losses are assumed to escape from v , and any ionization they produce is not to be included in X .

Beta Radiation – Submersion Dose

- ☞ For a small volume of air inside an infinite cloud of beta emitting radionuclide, we have

Rate of energy emission = rate of energy absorption

- ☞ In an infinite cloud containing C Bq/m³ of a beta emitter, the dose rate in a small volume inside the radioactive cloud is



Beta Radiation – Submersion Dose

- ☞ For a small volume of air inside an infinite cloud of beta emitting radionuclide, we have

Rate of energy emission = rate of energy absorption

- ☞ In an infinite cloud containing $C \text{ Bq/m}^3$ of a beta emitter, the dose rate in a small volume inside the radioactive cloud is

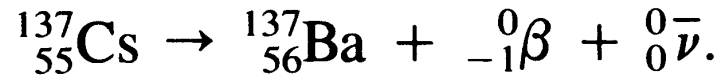
$$\dot{D}_{\text{inf}}, \frac{\text{mGy}}{\text{h}} = \frac{C \frac{\text{Bq}}{\text{m}^3} \times 1 \frac{\text{tps}}{\text{Bq}} \times \bar{E} \frac{\text{MeV}}{\text{t}} \times 1.6 \times 10^{-13} \frac{\text{J}}{\text{MeV}} \times 3.6 \times 10^3 \frac{\text{s}}{\text{h}}}{1.293 \frac{\text{kg}}{\text{m}^3} \times 1 \frac{\text{J}}{\text{kg}} / \text{Gy} \times \frac{1 \text{ Gy}}{10^3 \text{ mGy}}}$$



$$\dot{D}_{\text{inf}} = 4.45 \times 10^{-7} \times C \times \bar{E} \frac{\text{mGy}}{\text{h}}$$

Understanding the Radiation from Cs-137

Decay scheme:



What will happen to the excited Ba-137 nucleus?



<http://faithandsurvival.com/wp-content/uploads/2026/04/fukushima-cesium-137-spread.jpg>

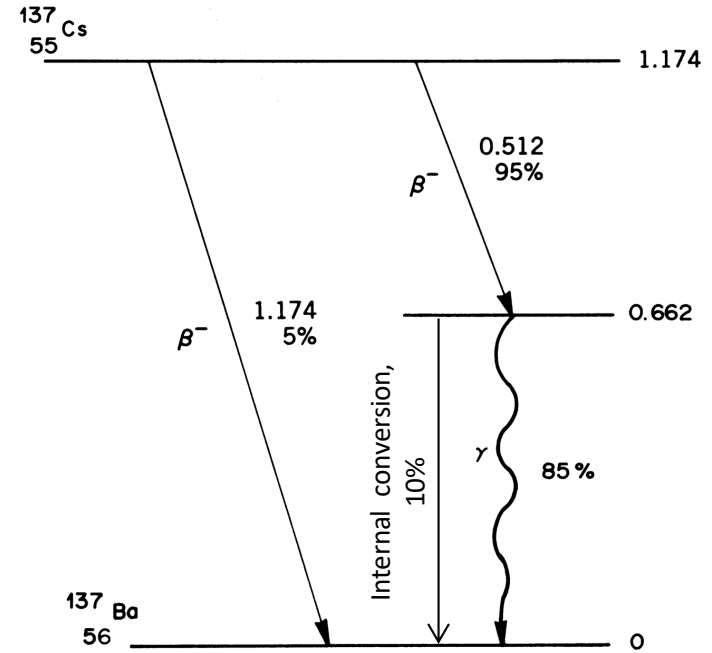


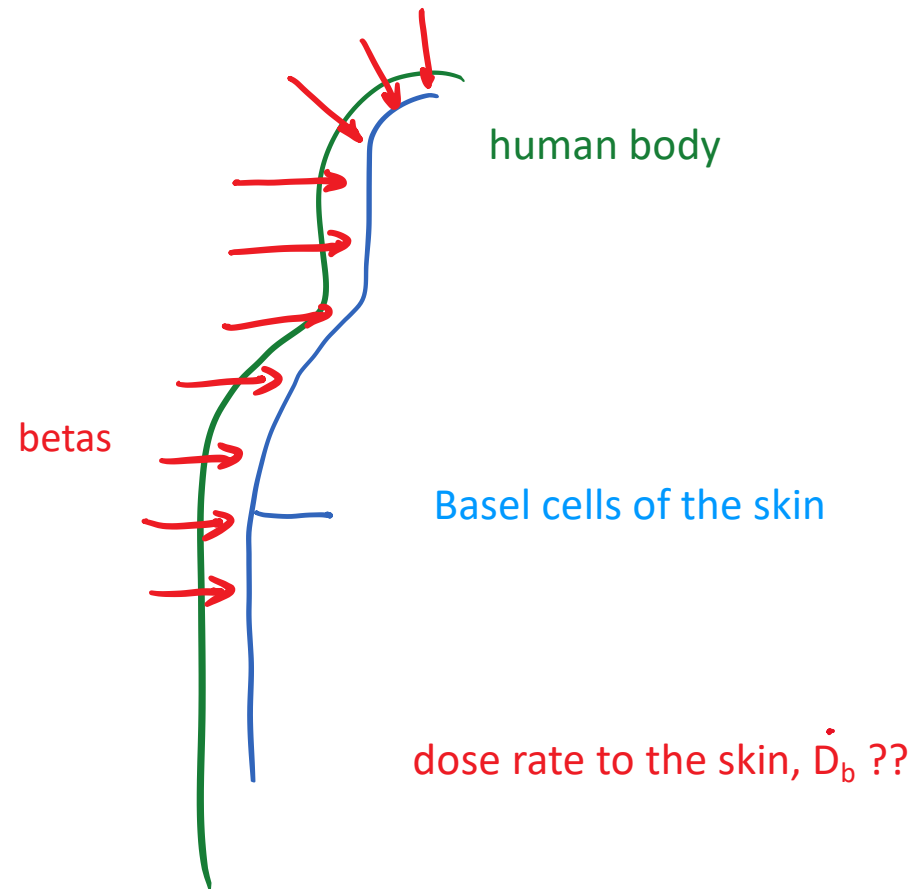
FIGURE 3.8. Decay scheme of ${}^{137}_{55}\text{Cs}$.

Skin Dose for Human Submersed in Radioactive Cloud Containing Beta Emitters

Human Submersed in Radioactive Cloud Containing Beta Emitters



Rate of energy emission = rate of energy absorption



$$\dot{D}_b = 0.5 \times 1.1 \times \dot{D}_{inf} (\text{air}) \times e^{-\mu_{\beta, \text{air}} \times 0.007}$$

Human Submersed in Radioactive Cloud Containing Beta Emitters

- ☞ Because (a) the skin is irradiated from one side only, and (b) soft tissue absorbs about 10% more energy per kilogram than dose in air, the dose rate to the basal cells of the skin in a semi-infinite medium is

$$\dot{D}_{\text{inf}} = 4.45 \times 10^{-7} \times C \times \bar{E} \frac{\text{mGy}}{\text{h}}$$

$$\dot{D}_b = 0.5 \times 1.1 \times \dot{D}_{\text{inf}} (\text{air}) \times e^{-\mu_{\beta,t} \times 0.007}$$

- ☞ Therefore, the dose rate to the skin of a person immersed in a large cloud of concentration C Bq/m³ is

$$\dot{D}_b = 2.45 \times 10^{-7} \times C \times \bar{E} \times e^{-\mu_{\beta,t} \times 0.007} \frac{\text{mGy}}{\text{h}}$$

- ☞ Generally, if the cloud consists of several groups of beta particles with different maximum energies, the beta dose rate is

$$\dot{D}_b = 2.45 \times 10^{-7} \times C \sum_i f_i \bar{E}_i e^{-\mu_{\beta_i,t} \times 0.007} \frac{\text{mGy}}{\text{h}}$$

C : concentration of beta-emitter in air,

f_i : Fraction of the i 'th group of beta particles,

\bar{E}_i : Average energy of the i 'th beta particle,

$\mu_{\beta_i,t}$: Linear energy absorption coefficient of tissue.

Beta Radiation – Submersion Dose

An example. Cember, pp. 231.

Calculate the dose rate to the skin of a person immersed in a large cloud of ^{85}Kr at a concentration of 37 kBq/m^3 ($10^{-6} \mu\text{Ci/mL}$).

Solution

Krypton-85 is a pure beta emitter that is transformed to ^{85}Rb by the emission of a beta particle whose maximum energy is 0.672 MeV and whose average energy is 0.246 MeV. The tissue absorption coefficient is calculated with Eq. (6.21):

$$\mu_{\beta,t} = 18.6(0.672 - 0.036)^{-1.37} = 34.6 \text{ cm}^2/\text{g},$$

and the skin dose is calculated with Eq. (6.38):

$$\dot{D}_b = 2.45 \times 10^{-7} \times C \times \bar{E} \times e^{-(\mu_{\beta,t} \times 0.007)} \text{ mGy/h}$$

$$\dot{D}_b = 2.45 \times 10^{-7} \times 3.7 \times 10^4 \times 0.246 \times e^{-(34.6 \times 0.007)}$$

$$\dot{D}_b = 1.8 \times 10^{-3} \text{ mGy/h (0.18 mrad/h)} .$$

The Fukushima nuclear disaster is estimated to have released between 20-200 megacuries of Krypton 85 from three melted down reactors

Organ Dose from Internally Deposited Beta Emitters

Internally Deposited Radioisotope (I) Corpuscular Beta Radiation

- ☞ For an infinitely large medium containing a uniformly distributed radioisotope, the concentration of absorbed energy must be equal to the concentration of energy emitted by the isotope.
- ☞ The energy absorbed per unit mass per transformation in a given organ is called the **specific effective energy** (SEE).
- ☞ For practical health physics purposes, “infinitely large” may be approximated by a tissue mass whose dimension exceed the range of the radiation.
- ☞ For alpha and beta radiation, this condition can be easily met, so that the SEE is simply the average energy of the radiation divided by the mass of the tissue in which it is distributed.

$$SEE (\alpha \text{ or } \beta) = \frac{\bar{E}(\alpha \text{ or } \beta) \text{ MeV}}{m} \frac{1}{t} / \text{kg}$$

Internally Deposited Beta Emitters – An Example Cember, pp. 234.

Calculate the daily dose rate to a testis that weighs 18 g and has 6660 Bq of ^{35}S uniformly distributed throughout the organ.

Sulfur is a pure beta emitter whose maximum-energy beta particle is 0.1674 MeV and whose average energy is 0.0488 MeV. The beta-ray dose rate from q Bq uniformly dispersed in m kg of tissue, if the specific effective energy is SEE MeV per transformation per kg, is

$$\begin{aligned} \dot{D}(\beta) &= \frac{q \text{ Bq} \times 1 \text{ tps/Bq} \times \bar{E} \text{ MeV/t} \times 1.6 \times 10^{-13} \text{ J/MeV} \times 8.64 \times 10^4 \text{ s/day}}{m \text{ kg} \times 1 \frac{\text{J}}{\text{kg}}/\text{Gy}} \\ &= \frac{6.66 \times 10^3 \times 1 \times 4.88 \times 10^{-2} \times 1.6 \times 10^{-13} \times 8.64 \times 10^4}{0.018 \times 1} \\ &= 2.5 \times 10^{-4} \text{ Gy/day (0.025 rad/day)}. \end{aligned}$$

Neutron Dose

Neutron dose to tissue:

- Fast neutron dose from elastic scattering (mostly from first-collision dose).
- Thermal neutron dose
 - neutron capture by H \rightarrow gamma ray dose.
 - neutron capture by N \rightarrow dose from the recoil nucleus.

Thermal Neutron Capture Radiation Therapy

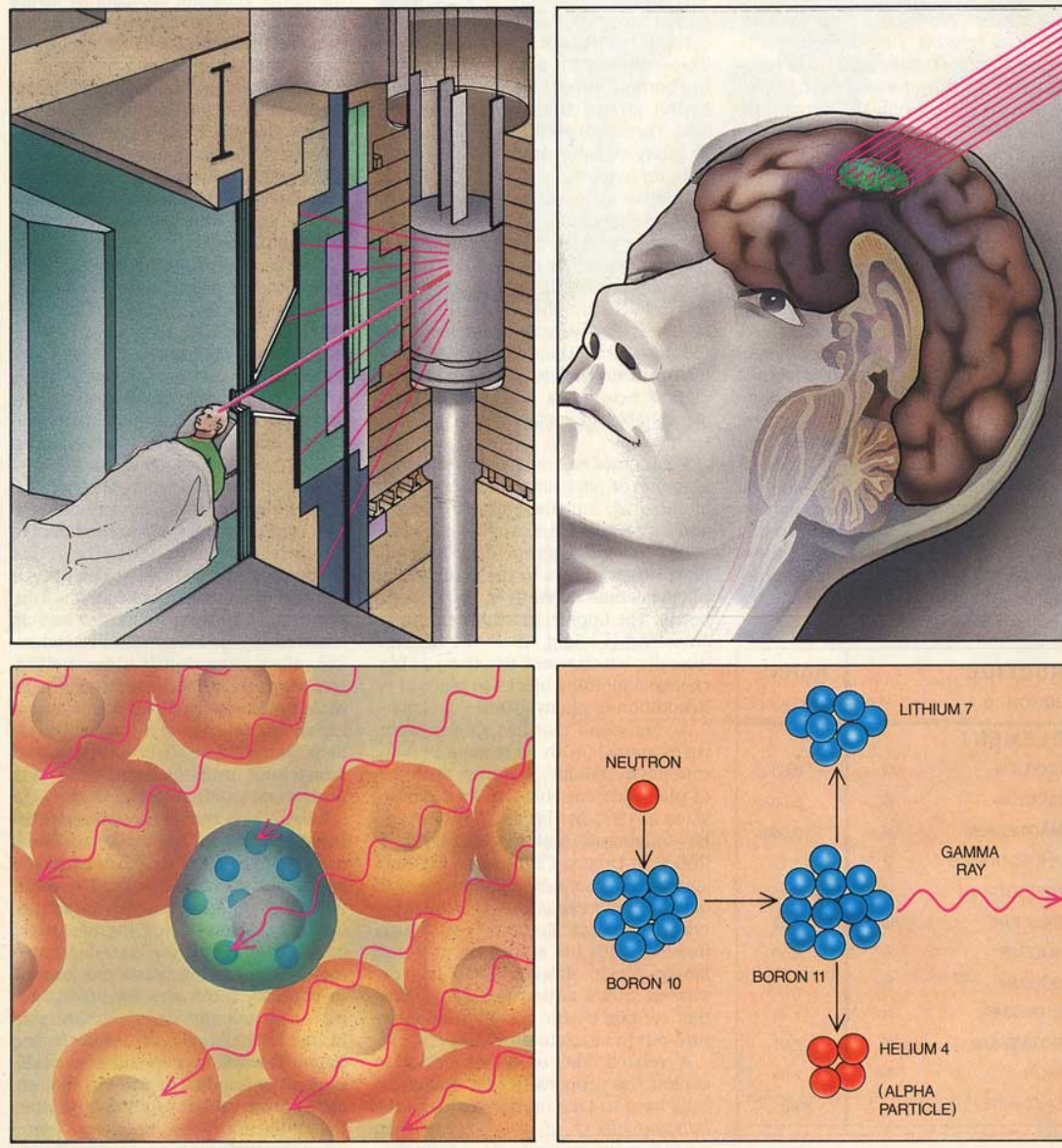


Fig.1 boron neutron capture therapy (BNCT) can be performed at a facility with a nuclear reactor or at hospitals that have developed alternative neutron sources. A beam of epithermal neutrons penetrates the brain tissue, reaching the malignancy. Once there the epithermal neutrons slow down and these low-energy neutrons combine with boron-10 (delivered beforehand to the cancer cells by drugs or antibodies) to form boron-11, releasing lethal radiation (alpha particles and lithium ions) that can kill the tumor.[1]

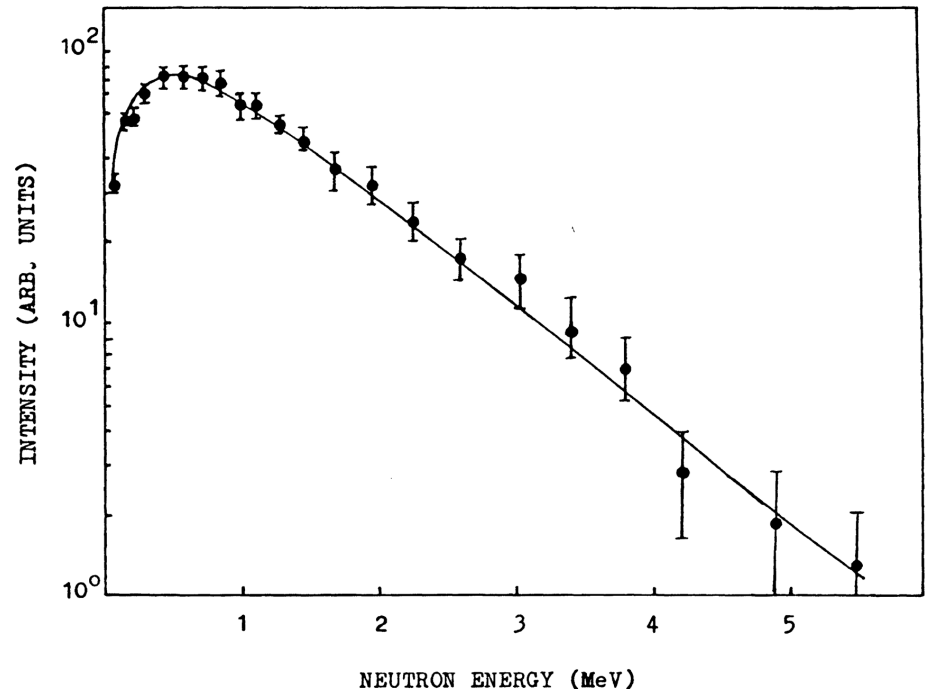
Figure from: <http://en.wikipedia.org/wiki/File:NeutronCaptureTherapyImage.jpg>

Barth, Rolf F.; Soloway, Albert H.; Fairchild, Ralph G. (1990). "Boron Neutron Capture Therapy for Cancer". *Scientific American* 263 (4): 100–3, 106–7. Bibcode:1990SciAm.263d.100B. doi:10.1038/scientificamerican1090-100. PMID 2173134.⁸³

Neutron Sources – Spontaneous Fission

Spontaneous fission of transuranic heavy nuclides, such as ^{252}Cf , produces several fast neutrons, in addition to heavy fission products, prompt fission gamma rays and beta and gamma ray activities.

- Half-life: 2.65 years
- Neutron yield: 0.116n/s per Bq, or 2.3×10^6 n/s per mg
- Neutron energy peaking at 0.5MeV and extends beyond 10MeV.



Measured neutron energy spectrum from spontaneous fission of ^{252}Cf

Radiation Dose from Fast Neutrons

Example 6.16

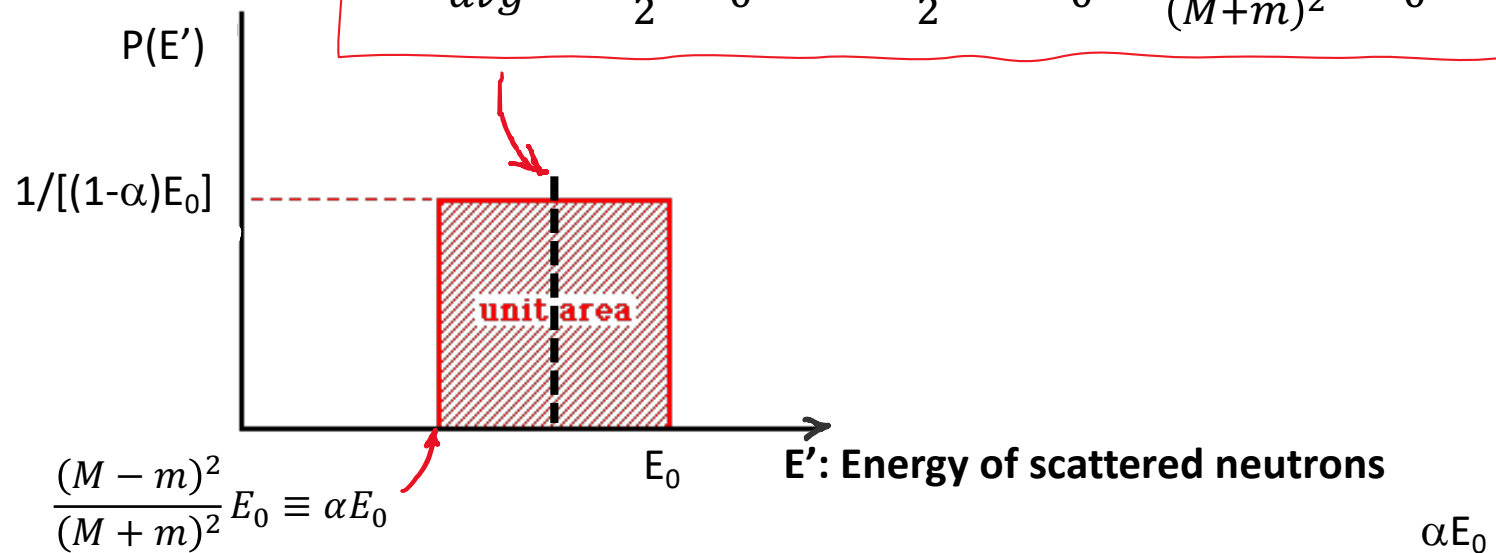
What is the absorbed dose rate to soft tissue in a beam of 5-MeV neutrons whose intensity is 2000 neutrons per square centimeter per second?

How do Fast Neutrons Deposit Energy in Tissue?

Energy Spectrum of Scattered Neutrons (Revisited)

Average energy carried by the scattered neutron:

$$E'_{avg} = \frac{1+\alpha}{2} E_0 = \frac{1 + \frac{(M-m)^2}{(M+m)^2}}{2} E_0 = \frac{M^2 + m^2}{(M+m)^2} \cdot E_0$$



Average energy transferred to the recoil nucleus:

$$E_{avg_energy_loss} = E_0 - E'_{avg} = \frac{2Mm}{(M+m)^2} \cdot E_0$$

Radiation Dose from Fast Neutrons (Revisited)

- ☞ For isotropic scattering, the average fraction of energy transferred in an elastic scattering with a nucleus of atomic mass number M is

$$f = \frac{2M}{(M + 1)^2}$$

- ☞ The composition of soft tissue is shown below

TABLE 6.12. Synthetic Tissue Composition

Element	% Mass	N , atoms/kg	f
Oxygen	71.39	2.69×10^{25}	0.111
Carbon	14.89	6.41×10^{24}	0.142
Hydrogen	10.00	5.98×10^{25}	0.500
Nitrogen	3.47	1.49×10^{24}	0.124
Sodium	0.15	3.93×10^{22}	0.080
Chlorine	0.10	1.70×10^{22}	0.053

Source: Adapted from G. L. Brownell, W. H. Ellett, and A. R. Reddy, Absorbed Fractions for Photon Dosimetry. *J Nuclear Medicine*, Supplement No. 1, MIRD Pamphlet No. 3, February 1968. By permission.

Radiation Dose from Fast Neutrons

- ☞ Neutron dose is deposited through scattering and neutron induced nuclear reactions.
- ☞ In cases of elastic scattering, the scattered nuclei dissipate their energy in the immediate vicinity of the primary neutron interaction. The radiation dose absorbed locally in this way is called the first collision dose. The scattered neutron is not considered after this primary interaction.
- ☞ For fast neutrons, the first collision dose rate is given by

$$\dot{D}_n(E) = \frac{\phi(E)E \sum_i N_i \sigma_i f}{1 \text{ J/kg} \cdot \text{Gy}}, \quad (6.103)$$

- where
- $\phi(E)$ = flux of neutrons whose energy is E , in neutrons/cm²·s,
 - E = neutron energy, in joules,
 - N_i = atoms per kilogram of the i th element,
 - σ_i = scattering cross section of the i th element for neutrons of energy E , in barns $\times 10^{-24}$ cm²,
 - f = mean fractional energy transferred from neutron to scattered atom during collision with neutron.

Radiation Dose from Fast Neutrons

Example 6.16

What is the absorbed dose rate to soft tissue in a beam of 5-MeV neutrons whose intensity is 2000 neutrons per square centimeter per second?

Substituting the appropriate values into Eq. (6.103) yields

$$\begin{aligned}\dot{D}_n &= \frac{2 \times 10^3 \text{ n/cm}^2 \cdot \text{s} \times 5 \text{ MeV/n} \times 1.6 \times 10^{-13} \text{ J/MeV} \times 51.17 \text{ cm}^2/\text{kg}}{1 \text{ J/kg} \cdot \text{Gy}} \\ &= 8.19 \times 10^{-8} \text{ Gy/s} (8.19 \times 10^{-6} \text{ rad/s}),\end{aligned}$$

or

$$\begin{aligned}&8.19 \times 10^{-8} \text{ Gy/s} \times 10^6 \text{ } \mu\text{Gy/Gy} \times 3.6 \times 10^3 \text{ s/h} \\ &= 295 \text{ } \mu\text{Gy/h} (29.5 \text{ mrad/h}).\end{aligned}$$

The scattering cross sections of each of the tissue elements for 5-MeV neutrons are listed below:

ELEMENT	$\sigma, \times 10^{-24} \text{cm}^2$	$N_i \sigma_i f_i$
O	1.55	4.628
C	1.65	1.502
H	1.50	4.485×10^1
N	1.00	1.848×10^{-1}
Na	2.3	7.231×10^{-3}
Cl	2.8	2.523×10^{-3}
		$\sum N_i \sigma_i f_i = 5.117 \times 10^1 \frac{\text{cm}^2}{\text{kg}}$

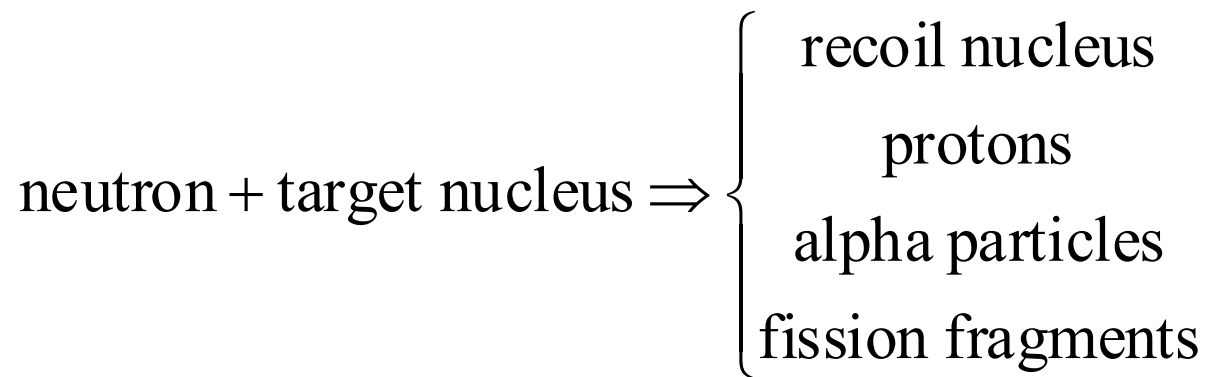
$$\dot{D}_n(E) = \frac{\phi(E) E \sum_i N_i \sigma_i f_i}{1 \text{ J/kg} \cdot \text{Gy}},$$

- where
- $\phi(E)$ = flux of neutrons whose energy is E , in neutrons/cm². s,
 - E = neutron energy, in joules,
 - N_i = atoms per kilogram of the i th element,
 - σ_i = scattering across section of the i th element for neutrons of energy E , in barns $\times 10^{-24} \text{cm}^2$,
 - f = mean fractional energy transferred from neutron to scattered atom during collision with neutron.

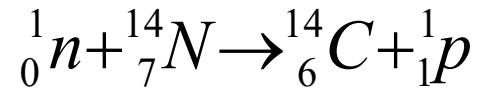
How do Thermal Neutrons Deposit Energy in Tissue?

Interaction of Slow and Thermal Neutrons ($E < 0.5\text{eV}$) (Revisited)

The most important interactions between slow neutrons and absorbing materials are neutron-induced reactions, such as (n,γ) , (n,α) , (n,p) and $(n, \text{fission})$ etc. These interactions lead to more prominent signatures for neutron detection.



Neutron Induced Reactions



- ☞ Cross section for thermal neutron is 1.70 barns.
- ☞ $Q=0.626\text{MeV}$.
- ☞ Since the range of the proton and the ${}^{14}\text{C}$ nucleus are relatively small, their energy is deposited locally at the site where the neutron was captured.
- ☞ Capture by hydrogen and nitrogen are the only two processes through which neutron deliver a significant dose to soft tissue.

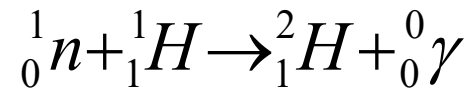
Thermal Neutron Dose from the $^{14}\text{N}(n,p)^{14}\text{C}$ Reaction

- Two reactions are normally considered, namely $^{14}\text{N}(n,p)^{14}\text{C}$ and $^1\text{H}(n,r)^2\text{H}$ reactions.
- For the $^{14}\text{N}(n,p)^{14}\text{C}$ reaction, the dose is given by

$$\dot{D}_{np} = \frac{\phi N_N \sigma_N Q \times 1.6 \times 10^{-13} \text{ J/MeV}}{1 \text{ J/kg} \cdot \text{Gy}},$$

where ϕ = thermal flux, neutrons per cm^2 per second,
 N_N = number of nitrogen atoms per kg tissue, 1.49×10^{24} ,
 σ_N = absorption cross section for nitrogen, $1.75 \times 10^{-24} \text{ cm}^2$,
 Q = energy released by the reaction = 0.63 MeV.

Neutron Induced Reactions



- ☞ Neutron absorption followed by the immediate emission of a gamma ray photon.
- ☞ Since the thermal neutron has negligible energy by comparison, the gamma photon has the energy $Q=2.22\text{MeV}$ released by the reaction, which represents the binding energy of the deuteron.
- ☞ The capture cross section per atom is 0.33barn .
- ☞ When tissue is exposed to thermal neutrons, this reaction provides a source of gamma rays that delivers dose to the tissue.

Thermal Neutron Dose from the ${}^1\text{H}(n, \gamma){}^2\text{H}$ Reaction

- ☞ For the ${}^1\text{H}(n, \gamma){}^2\text{H}$ reaction, the dose is deposited by the gamma rays emitted throughout the entire volume. The number of reaction per second per gram is governed by the neutron flux and is given by

$$A = \phi N_{\text{H}} \sigma_{\text{H}} \text{ "Bq"/kg,}$$

where ϕ = thermal flux, neutrons per cm^2 per second,
 N_{H} = number of hydrogen atoms per kg tissue = 5.98×10^{25} ,
 σ_{H} = absorption cross section for hydrogen = $0.33 \times 10^{-24} \text{ cm}^2$.

- ☞ The resulting gamma ray dose is illustrated with the following example.

Example 6.17

What is the absorbed dose rate to a 70-kg person from a whole body exposure to a mean thermal flux of 10,000 neutrons per cm² per second?

The dose rate due to the n, p reaction is calculated from Eq. (6.105)

$$\begin{aligned} \dot{D}_{np} &= 1 \times 10^4 \times 1.49 \times 10^{24} \times 1.75 \times 10^{-24} \times 0.63 \times 1.6 \times 10^{-13} \\ &= 2.628 \times 10^{-9} \text{ Gy/s} \quad (2.628 \times 10^{-7} \text{ rad/s}), \end{aligned}$$

or

$$\dot{D}_{np} = 9.461 \text{ } \mu\text{Gy/h} \quad (0.95 \text{ mrad/h}).$$

$$\dot{D}_{np} = \frac{\phi N_N \sigma_N Q \times 1.6 \times 10^{-13} \text{ J/MeV}}{1 \text{ J/kg} \cdot \text{Gy}},$$

where ϕ = thermal flux, neutrons per cm² per second,
 N_N = number of nitrogen atoms per kg tissue, 1.49×10^{24} ,
 σ_N = absorption cross section for nitrogen, $1.75 \times 10^{-24} \text{ cm}^2$,
 Q = energy released by the reaction = 0.63 MeV.

The autointegral gamma-ray dose rate is calculated with Eq. (6.82). The gamma-ray “activity,” from Eq. (6.106) is

$$\begin{aligned} A &= 10^4 \text{ cm}^2 \text{ s}^{-1} \times 5.98 \times 10^{25} \text{ atoms/kg} \times 3.3 \times 10^{-25} \text{ cm}^2/\text{atom} \\ &= 1.973 \times 10^5 \text{ “Bq”/kg}. \end{aligned}$$

$$A = \phi N_H \sigma_H \text{ “Bq”/kg},$$

where ϕ = thermal flux, neutrons per cm² per second,
 N_H = number of hydrogen atoms per kg tissue = 5.98×10^{25} ,
 σ_H = absorption cross section for hydrogen = $0.33 \times 10^{-24} \text{ cm}^2$.

The dose rate from this uniformly distributed gamma ray activity is calculated from Eq. (6.82):

$$\begin{aligned} \dot{D}_H &= A \cdot E_r \cdot \phi = 1.973 \times 10^5 \text{ Bq/kg} \cdot 2.23 \text{ MeV} \cdot 1.6 \times 10^{-16} \text{ J/MeV} \cdot 0.278 \\ &= 1.19 \times 10^{-11} \text{ Gy/sec} = 6.89 \times 10^{-2} \text{ } \mu\text{Gy/h} \end{aligned}$$

The absorbed fraction, ϕ , for the 2.23-MeV gamma ray is found, by interpolating in Table 6.8 between the 2.000- and 4.000-MeV values, to be 0.278

Radiation Dose from Neutrons as a Function of Depth

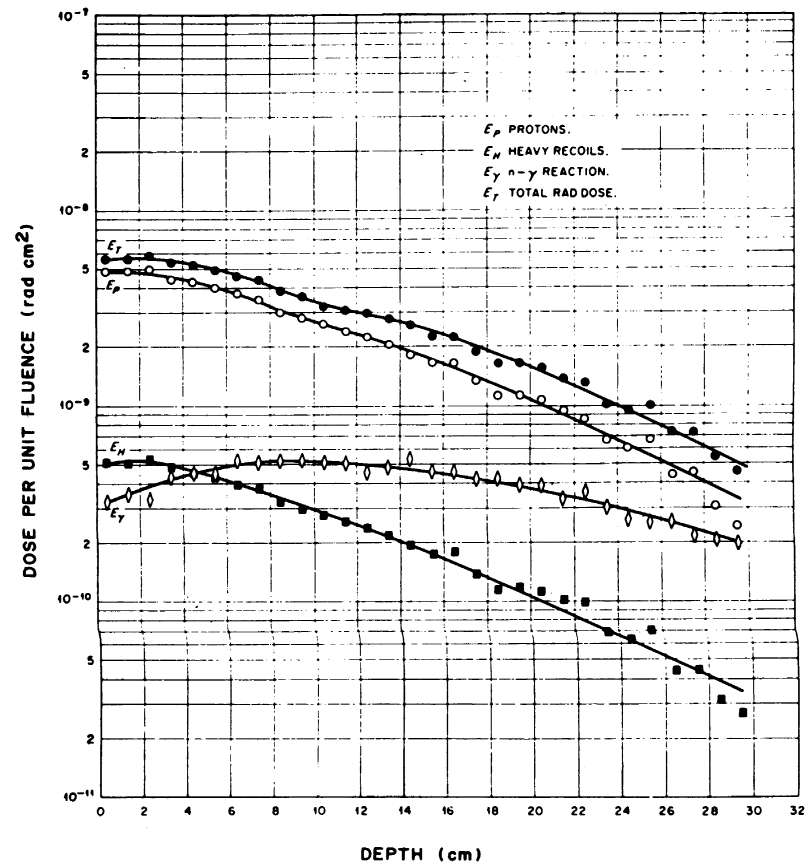


FIGURE 12.10. Depth-dose curves for a broad beam of 5-MeV neutrons incident normally on a soft-tissue slab. Ordinate gives dose per unit fluence at different depths shown by the abscissa. [From "Protection Against Neutron Radiation Up to 30 Million Electron Volts," in *National Bureau of Standards Handbook 63*, p. 44, Washington, D.C. (1957).]

Tuner, p373.